

LOVE WHAT'S
REAL
CERTIFIED



Start Strong Idaho

BUILDING HEALTHY TEEN RELATIONSHIPS

2012 Middle & Jr. High School Writing Contest Winners

LOVE WHAT'S REAL CERTIFIED

Congratulations to Idaho's student authors who understood what's real about healthy teen relationships! Thank you to Idaho's middle and junior high school English teachers for encouraging more than 1,500 students to enter the "Love What's Real" writing contest on healthy teen relationships. Thank you judges Alan Heathcock, author of *Volt*, an award-winning collection of short stories, Josie Fretwell, English Teacher, Frank Church High School, Malia Collins, writer, and the thirty teens and adults for selecting the award winners.

Start Strong Idaho
BUILDING HEALTHY TEEN RELATIONSHIPS
WWW.STARTSTRONGIDAHO.COM

2012 Middle & Jr. High School Writing Contest Winners

Start Strong Idaho

BUILDING HEALTHY TEEN RELATIONSHIPS

Friends, girlfriends, and boyfriends
– all deserve healthy relationships.

Are your relationships healthy?

Respect

Are you accepted for who you are? No one should pressure you into doing things you are not comfortable with such as drinking, drugs, or unwanted physical contact.

Safety

Do you feel emotionally and physically safe? You should feel comfortable being you without fear of being put down. Being hurt or feeling pressured is definitely not safe!

Support

Do your friends care for you and want what is best for you? Your friends should understand if you can't hang out because

you have to study or if you have plans with other friends.

Individuality

Do you pretend to like something you don't or be someone you aren't? Be yourself; after all, being an individual is what makes you, you!

Equality

Do you have an equal say in relationships? From the activities you do together to the friends you hang out with, you should have equal say in the choices made in relationships.

Acceptance

Do your friends or girlfriend or boyfriend accept you for who you really are? You shouldn't have to change who you are, or compromise your beliefs to make someone like you.

Honesty and Trust

Are you always honest? Honesty builds trust. You can't have a healthy relationship without trust! If you have ever caught your friend or boyfriend or girlfriend in a huge lie, you know that it takes time to rebuild your trust.

Communication

Do you talk face to face (not just text!) about your feelings? Listen to one another and hear each other out. Text or Facebook messages should be respectful, not mean or inappropriate.

Signs of Unhealthy Relationships

- Texts you all the time to find out where you are, who you're with, or what you're doing
- Has to be with you all the time
- Doesn't listen to your opinion
- Makes all the decisions in the relationship
- Makes fun of you or puts you down when you are alone or with friends

- Does things to upset you or make you cry
- Wants you to change who you are
- Asks you to give up activities you enjoy
- Won't let you hang with your friends
- Pressures you to do things you are not comfortable with
- Makes you feel guilty, "gets back at you" or punishes you for things you do for yourself
- Threatens to hurt you or him/herself as a way to control you

If you think you might be in an unhealthy or abusive relationship talk to your parents, your school counselor, or an adult you trust.

For information on Start Strong Idaho, a program to promote healthy relationship skills for 11-to-14 year-olds go to www.startstrongidaho.com

By the River

His laugh is like
Sunlight on the river,
As my fingers slip
While baiting the hook.

He puts the fishing pole
Into my hands,
Making a perfect cast.

Our hands brush
As he puts me in control,
And we wait.

We talk about anything
And everything,
Reeling in nothing
Aside from moss and an old boot,
But we are not disappointed.

Because we are just
Two perfect friends,
Fishing by the river.

Emily Luker

*West Junior High School
Mrs. Pressley – Teacher*

A Second Skin

Myself, my sweater
Comfortable
Frayed
Accustomed to me
A second skin
Then I met you
A new sun dress
Pretty, in you
I wore us more
Let my sweater collect dust
But then you changed
You shrank
Trapped me in
A mini dress, two sizes too small
Pushing me further
I wasn't ready,
So I cut you off
Let myself breathe
I slipped into my sweater
Myself
At last

Sydney Jones

*North Junior High School
Mrs. Borgna – Teacher*

Hay Fever

We sit on the giant bales,
The hay pricking our skin as we
Sing off-key to the country music
Blaring from his stereo.

I can feel it coming on—
There's no holding it back.
My obnoxious, loud sneeze
Seems to echo throughout the barn,
Making my eyes water and itch.

But he doesn't care,
He laughs as he
Hands me the box of tissues
He brought out.

I guess he really does love me.

Emily Luker

*West Junior High School
Mrs. Pressley – Teacher*

Enough for Now

We are happy
We grasp hands
Talk
And laugh
Just be
And that's enough
For now

We don't need to hug
And kiss
Declare our love
To the world
Because it's our love
Not the world's
And that's enough
For now

We can be apart
He doesn't always know
Where I am
Or what I do
I think about things
Other than him
When we are together
Everything is perfect
And that's enough
For now

Linnea Boice

Hillside Junior High School

Ms. Davis – Teacher

So you want someone who's:

Honest?
Humorous?
Accepting?
Encouraging?
Affectionate?
Communicative?
Cheerful?
Thoughtful?
Considerate?
Trustworthy?

Don't worry,
When you find that person,
Everything will make sense.
You have a lock only one person holds the key to,
When the time is right,
That special someone will come your way,
For now,
Don't rush,
Enjoy life one step at a time,
And always, always, always,
Believe

Sara Christianson

South Junior High School

Ms. Strickler – Teacher

Listen

In our world, it's all about looks.
What does he look like – what does she look like?
Why does it matter?
I don't know.

But when I'm with you,
I don't focus on your body.
I listen to your words,
Laugh at your jokes,
And comfort you in your sorrows.

In this world
When people ask me,
"What does she look like?" I reply
"I don't know,
But, this is what she sounds like."

Ethan Gerdes

*Buhl Middle School
Mrs. Parker – Teacher*

The Natural You

You are priceless
I don't care what others say
You're the closest thing to perfect
I'll love you day after day
All I ask for
Is the natural you
The clothes, the makeup
Who are you fooling?
I'm not looking for looks
Or for popularity
All I want
Is the natural you
I don't want to change
Your mind
Your views
All I want
Is the natural you

Joel Ackerman

*Buhl Middle School
Mrs. Parker – Teacher*

My Perfect Love Story

Some love stories are about knights that slay dragons
That's not my love story
Some love stories are about princess giving a true love's kiss
That's not my love story
Some love stories are about beasts and beautiful princesses falling in love
That's not my love story
My love story is about someone who respects me, honors me,
protects me, trusts me, and loves me for who I am
That is my love story

Krista Anderson

*Les Bois Junior High School
Mrs. Harvey – Teacher*

Friend

We get along well,
A frown is rare.
It is you I want to be with,
Because laughter is
Common routine.
Dating is
Merry,
Comfortable,
Honest,
And safe.
We do have manners,
You listen while I talk.
We honor
Each other's
Values and standards.
You like my personality,
And I, yours.
You make me feel
I really have
Value and significance.
We talk easily;
Nowhere near tense.
These are the reasons
You are my
Friend.

Kodi Barry

*Murtaugh Middle School
Mrs. Pfeifer – Teacher*

A Poem of Images

A positive relationship
Is not merely
Some notes on a staff
A paint soaked canvas
Or the wings of many butterflies
Tickling your stomach.
Love should be a symphony
A work of art
A flower blooming on a rainy day.
It is pillow fights and blanket forts
Dancing in the rain
Not harsh words that sting like a slap.
It should feel safe
Accepting
A wonderful thing
Not to be feared
Or forgotten.

Nikita Lee Bennett

*South Junior High School
Mrs. Olley – Teacher*

Who Needs a Prince Charming?

I wish love was as Disney portrayed.
I don't have Cinderella's bad luck turned good,
Snow White's flawless perfection,
Princess Jasmine's wild ferocity.
What I have
Is me.
I don't need
Prince Charming
To call upon me,
I'll come on my own accord
I don't need a noble knight
Sweeping me off my feet,
Magic carpet rides showing me the world.
For I see clearly,
I'm perfect.
I don't need anyone to change me.

Ivy Black

*North Junior High School
Mrs. Borgna – Teacher*

It's Not Like the Movies

We aren't soul mates
We don't always have a happy ending
He's not a prince on a white horse
This isn't a Cinderella story
Where I get swept off my feet
I'm not a princess
This isn't a fairy tale
You're not Romeo
And I'm not Juliet
Just two teenagers trying to get through life
Our dreams don't always come true
We laugh
We sing
We are imperfect
But our love is real

Mia Chai

*North Junior High School
Mrs. Borgna – Teacher*

A True Friend

You don't laugh
At my beliefs
Instead,
You're curious
Supportive
You don't lie
When I ask questions
Instead,
You are honest
Trustworthy
You don't force me
To do things
I don't want to
Instead,
You agree
With my standards
You don't pretend
To be someone you're not
Instead,
You are genuine
And you let me be myself
You've never saved my life
Or changed the world
But
You are the best friend
I've ever had

Celisa Fullmer

*Compass Charter School
Mr. Stadlander – Teacher*

A healthy relationship is standing up for someone else. It's helping make life easier. Being truthful and without doubts. Respecting the other person's feelings. A healthy relationship is enjoying activities together. It's not changing your personality for someone else. It's always accepting the other person. A healthy relationship is loving the person for who they really are.

Tanner Graban

*South Junior High School
Ms. Strickler – Teacher*

What is Love?

Love is not a story
Of vampires and werewolves!
Love isn't a play
Like it is on Broadway.
It's not what they show
On movies and T.V.
And it's definitely not
A Katy Perry song!
No one can tell you what love is.
No one can show you either.
Love is what you think it is.
What you feel.
It is part of life.
An exploration.
A journey.
To find what it means to you!

Chris Haney

*Les Bois Junior High School
Mrs. Harvey – Teacher*

A Merry Christmas

Snow begins to enfold us
As it shifts from the sky,
Cloaking the browned grass.

We sit on the porch
Sipping the thick,
Steaming cocoa,
Laughter filling the
Frosty air.

Our free, ice cold hands
Intertwine as we watch
The Christmas lights
Glisten on the white
Blanket of snow.

He nudges my side playfully,
The hot liquid
Dribbling down my hand.

"Merry Christmas,"
He says, smiling,
And I can't help
But smile back.

Emily Luker

*West Junior High School
Mrs. Pressley – Teacher*

Winter Snow

The scarf she made him heats his neck
Carefully decorated cookies fill her stomach
He loves her because she is brave
She loves him because he never forces anything
They sit together in the cold
Melting the snow that surrounds the iron park bench
As they warm each other's hearts

Brianne Moodie

*West Junior High School
Mrs. Wilson – Teacher*

Accepting No Regrets

Hold onto me
Not in your sturdy arms
Or gentle hands
But in your soft-spoken words
Talk about our times
And simple experiences
Everything was real
The acceptance
The love
And even the break-up
The solemn nights
Digging up the corpse of our relationship
And rehearsing what we once said to end it
Not everything was roses
But it was real
So hold onto me
Because I hope I was real

Jordan Richesin

*West Junior High School
Mrs. Workman – Teacher*

If You Loved Me

If you loved me
You would have understood I wasn't ready
I'm not a doll that you can do whatever you want with

If you loved me
You would have loved me for who I was
Not what others said I was

If you loved me
You would have listened to the truth
Not those ridiculous rumors people spread

If you loved me.

Cody Swinnerton

*West Junior High School
Mrs. Workman – Teacher*

Equals

I am happy
He is joyous
Our personalities are in harmony

I don't push him,
he doesn't rush me
Steady paced

We disagree
I have my opinion
as does he
It's accepted,
We move on

His arms are my safe house
My arms are his comfort blanket
Trust

He makes me giggle
I make him laugh
We have the time of our lives
Together

Our thoughts are separate,
we are independent people

Equals

Issi Tang

*North Junior High School
Mrs. Borgna – Teacher*

Love me

Love me
For whom I am
Love me
NOT for my hair or body
Love me
For my personality
Love me
NOT for my willingness to follow
Love me
Because you can laugh with me
Love me
NOT so you can boss me around
Love my
Just
For
Me

Krista Anderson

*Les Bois Junior High School
Mrs. Harvey – Teacher*

Never Again

They see the bruises
The bumps, the breaks
The tortured soul of a young girl

She loves him
He "loves" her

As she walks away
He says he's sorry

But she will never look back

NEVER

AGAIN

Morgan Anderson

*South Junior High School
Mrs. Strickler – Teacher*

In a Relationship and Independent

It's okay to hang out with your friends, I trust you.
You don't have to be perfect, I accept you the way you are.
You don't have to text me; I'll see you in class tomorrow.

It's okay to cry, I support you
It's okay to say "NO", I respect you.
We agree to disagree and we move on
We don't dwell on the past, but focus on our future.

Freddy Anzaldúa

*Jefferson Middle School
Ms. Crowe – Teacher*

Originality

Being true to yourself
Not being afraid of who you are
Expressing your feelings in positive ways
Showing what you think
Don't be afraid

Jenny Aquino

*West Junior High School
Mrs. Wilson – Teacher*

Thoughts Concerning Love

Writing a poem
--a GOOD poem--
About love is
SO.
INCREDIBLY.
DIFFICULT.
Words are
Complex and
Delicate.
They say
Too much and
Too little
At the same time.
So why,
Why,
Why??
Do we
Keep
Trying
To lock,
To jam,
To trap,
The electric
Beautiful
Ecstasy
Of love
Into a poem?
It's too
Matchlessly
Fantastic
It can't be done.

Carolyn Arnold

*West Junior High School
Mrs. Pressley – Teacher*

Unworried

When she is with him, she is unafraid.
He is strong, but he will never use his strength against her.
He is smart, but he will never deceive her into doing wrong.
She never needs to worry about when he will yell,
Or when he will hit her,
Or when he will mock her,
Or when he will touch her
He has her best interest at heart; he loves her.
And this love is true

Kyle Asdell

*Lewis and Clark Middle School
Mrs. Johnson – Teacher*

Flightless

I am a tangerine bird
Chirping on a sunny day
Content, excited, spontaneous
I fly through the challenges
Of everyday life
Everything is fine
Until you show up
Hungry for sadness
You feed off of me
Until I can't fly anymore
I thought you were my friend
Turns out you were my biggest enemy
I will fly again
Someday

Malori Basye

*Riverglen Junior High School
Mrs. Griggs – Teacher*

Each Other

You will not change each other
You will not tear each other down
Especially if they have already fallen
You will not alter each other's personality
Accept them for who they are
You will not change
Each other's interests
You are not going to change
Each other's appearance
If you try to change who they are
If you try to change everything about them
You do not really love each other

Justin Behrens

*Fairmont Junior High School
Mrs. Morgan – Teacher*

Communication Is a Two-Way Street

Communication
Is a two-way street
You must listen
Before you speak.
“Do you hear me?”
Should never be heard
Between two people as they share words.
When you have something to say,
If a friend is true,
They will always
Listen to you.
And in return
When worries and joys consume your friend
You will listen
To the end.

Davis Benson

*West Junior High School
Mrs. Workman – Teacher*

Rreally
Enjoying
Someone's
Presence
Even if
Cautious around
Them

Michal Bilger
West Junior High School
Mrs. Wilson – Teacher

No Title

When I get a boyfriend
I want him to care for me.
Love me, not just my body.
Enjoy my company, listen to my opinions
Be a friend, be sincere
Let me cry into his shirt after a bad day
Not brag about me to his friends.
Not pressure me into anything.
Not be a secret that I couldn't take.
Not make fun of what I like.
Not want me for just today.

Jenna Bishop
West Junior High School
Mr. King – Teacher

Dead, Blind, Love

My eyes are foggy

I cannot see

The love you've shown me

Has blinded me.

Isaac Brown

Notus Jr. - Sr. High School

Mrs. Vilord – Teacher

Couples

Every time I see a couple

I can tell when they are in love

It's how they touch with gentle loving hands

How they look with love in their eyes

How they speak with soft love filled voices

They are overflowing with love for each other

That touches the people passing by

Who can't help but smile at the pair

Who are forever young at heart

Morgan Byand

Fairmont Junior High School

Mrs. Phillips – Teacher

I Love You Because...

I don't love you because you're sweet or because you're kind
I don't love you because you're handsome, but that's always on my mind
I don't love you for your money or for your charm
I love you for you because you love me for who I am
I love you because you listen
I love you because you respect me, and would never bring me harm
You raise me up when I'm down.

Alexi Byrnes

*Vallivue Middle School
Mrs. Post – Teacher*

You

When I'm with you
My world is complete.
You're perfect
Just the way you are.
You say all the
Right things,
You make me happy
And I know
You love me
Just the way I am
And I wouldn't change
Anything about you,
Because that's
How it should be
In every relationship.
There's no room
For violence or hurt,
And if you really
Love someone
You wouldn't hurt them.

Gabriel Canales

*South Junior High School
Mrs. Olley – Teacher*

Growing Pains

"I love you"

Do teens even know the meaning?

Love cannot be defined in those three simple words.

Some may utter them without compassion or sense.

Others confidently.

But may come to regret it later,

Ending a friendship or trying to resume one that will never be the same.

Love is not jealous, demanding, manipulative.

A time to learn and experience

Allowing another to do the same.

Teen love—stepping stone to a deeper future.

Kirsi Casper

Riverglen Junior High School

Ms. Griggs – Teacher

Stop.

Hands become sweaty,

Hearts beat fast

He strides towards me,

He face is aghast

Confusion crosses my face,

My heart starts to sink,

His smile widens,

As I tell he begins to think,

Beautiful, he whispers,

Right in my ear.

My cheeks turn red,

My stomach gets in knots.

A smile has begun,

But I almost forgot.

My hand is being held,

Another hand in mine.

We are standing so close,

Our fingers intertwined.

Sabrina Castleberry

South Junior High School

Mr. Ward – Teacher

STOP

You do not show your love,
By telling me I can't,
That I
Am not
Good enough.

You do not show your love,
By acting like you're the sky,
By turning out
To be the ground below my feet.

You do not show your love,
By keeping what you feel
Hidden
Behind your lies.

If you want to show your love for me,
Then stop
When I say,
Stop.

Phillip Cathers

*West Junior High School
Mrs. Workman – Teacher*

True Friends

I like when we are walking

I like when we are talking

I like that we run around crazy

I love that we are friends

Miguel Cervantes

*West Junior High School
Mrs. Wilson – Teacher*

I'll Be There for You

When I fall,
You are there to catch me.
When I cry,
You wipe away the tears
When I'm scared,
You hold me close.
You were always there for me.
Now it's my turn.

Allison Clark

*Notus Jr.- Sr. High School
Mrs. Vilord – Teacher*

Love Is...

I love you
But what is love?
Love is trust
Love is honesty
Love is you
And love is me
Love is happiness
Love is hard and easy
Hard to find
But easy to recognize
There would be no world without love
Love is mysterious
I love us

Willow Cogan

*Payette Lakes Middle School
Mrs. Hathaway – Teacher*

How I Know Our Love is Right

This is not just a silly whim.
I am always happy to see him.
Love, exuberance, humor, and joy,
I feel these things when I'm with this boy.
He is a confidante and friend.
With him my time I love to spend.
We rarely ever argue or fight,
That's how I know our love is right.

Avalon Crossley

*South Junior High School
Mr. Bevis – Teacher*

Finding You

I have been faced with tears today
My heart got up and ran away
Never knew it could hurt this much
Forever broken with one touch
I can't believe you stole my heart
Only so you could tear it apart
Every day I wonder why
You walked away without good bye
So as I stand here in pain
Every tear like rain
Forever in sorrow until tomorrow
For now I'm blue
Do I regret finding you?

Erica Delfino

*South Junior High School
Mr. Bevis – Teacher*

You and I

As we walk down the hall,
Holding hands and laughing,
I feel completely safe and comfortable.
It feels as if all the world is at peace.

There is no fighting, no hate,
And never any judgment.
Our time together is filled
With laughing, talking,
And pure happiness.

Out of school,
We are always the same people,
To each other, and to ourselves.
Our actions don't differ between
School and home.

Aubrey Droulard

*South Junior High School
Mrs. Olley – Teacher*

Loving What's Real

Loving
Overjoyed
Valuable
Exciting

Warm
Harmonious
Adorable
Thoughtful
Sincere

Remarkable
Energetic
Adventurous
Laughable

Robbie Farmer

*South Junior High School
Mr. Ward – Teacher*

Love is...

Love is

When you respect someone,
When you listen to one another
And when you both care for each other.

Love is

When you don't need to see each other
24/7,
When you don't text them every second,
And you have time for yourself.

Love is

Having a no-pressure partner,
When you give the other space.
And if they leave you,
You know it's not the end of the world because

Love is

Everywhere.

Nash Galemore

*McCain Middle School
Mrs. Gott – Teacher*

Trust

You tell me you're not lying
You tell me that you're honest
You have lied to me before
I don't know what to believe anymore
I feel that you don't love me
I need to be free
You sound like Pinocchio
I see your nose growing
I know you may love me
But I know you're lying
And I know you're not honest
Good-bye

Kayla Gannon

*South Junior High School
Ms. Strickler – Teacher*

Just Friends

I smile when I see you
And I hope you do too
When we talk we laugh
I've chosen the right path
When I'm sad you comfort me
It's like I'm living in a fantasy
We are friends
To all ends
That's all we will ever be
And that's fine with me
I smile when I see you
And I hope you do too
Though many things are true
One is I love you

Brenna Garro

*Riverglen Junior High School
Ms. Griggs – Teacher*

Waiting for me in the hallway
With his arms wide open like a bird.
Not worried if his friends make fun of him
But caring of what I feel as I see him awaiting me.
Getting ready to put his warm hand on top of mine.
Asking me before doing something I don't like.
Accepting me in every way; ugly or beautiful.
Seeing in me all the great things a girl may have.

Mireyah Gomez

*South Junior High School
Mr. Bevis – Teacher*

One Summer Day

Her laughter reminds me of Christmas bells
I smile when she looks at me
We sit here in our summer dresses on the steps to my house
The warm summer breeze blows into my face,
With the cool river of ice-cream dripping down my cone, onto my palm
I hear her slurping her banana milkshake
As we gaze out at the cars passing by
I think to myself...
This is a true friendship.

Brooklyn Grange

Fairmont Junior High School

Mrs. Morgan – Teacher

I'm Still Young!

When someone asks me,
"Guess who's dating."
I always reply, "I don't care!"
I see people walking
Past me, holding hands and
Hugging, but I don't care
Because I'm still young!

I see young couples talking,
Sharing their issues, secrets, and worries.
But I don't care,
Because I'm still young!

Isaiah Grigg

McCain Middle School

Ms. Jones – Teacher

Unchangeable

I'm me and you're you,
No matter what you do.
I might be crazy
But I can be sweet as a daisy.

If you really like me,
I hope you'll finally see
I'm not a rag doll
That I will always answer when you call.

You're not my guard,
You make things so hard.
All I want is happiness
But what I get is crappiness.

I won't change for anyone,
Including you.

Chelsea Gross

*McCain Middle School
Mrs. Gott – Teacher*

75 Words on My Best Friend

I saw her in math class
She hated the way I looked, how I thought, who my friends were
I tried in my awkward way to see me the way she did
I couldn't
I didn't want to

Not until next year
When I lost everything, my friends, my will to please
She let me sit with her
She talked to me
I saw we were the same
She is my lasting match of choice

Kay Hadrick

*Les Bois Junior High School
Mrs. Harvey – Teacher*

It's Not a Game, It's Real Life

It's not a game, so why cheat?

It's real life so take it seriously

Trustworthy and Honest.

Be with someone that's honest and

Trustworthy towards you.

Respect.

People have to respect you for
who you are.

Comfort and Understanding.

You should feel comfortable talking
about anything. They should be
there for you every step of the way.

Happiness.

If you aren't happy in your relationship,
then why be in it?

Shania Hall

*Vallivue Middle School
Ms. Hull – Teacher*

Always Enough

To be with someone

Who like you for you

Look like a constant

Smile spread on one's face

And sounds like caring and truthful

Words flowing out of honest lips.

It tastes like independence to kiss without being forced.

It feels like acceptance and

Patience and love;

You love me for me,

And that is always enough.

Maddy Head

*South Junior High School
Mrs. Olley – Teacher*

Love Me

Love me for who I am,
Not for who you want me to be.
Love me for who I am,
Not for my hair, eyes, or my smile.
Love me for who I am,
Not for what you see.
Don't fall in love with me at first sight,
Get to know me,
Because you never know what to expect.
Love me for who I am.

Mackenzie Henderson

*McCain Middle School
Mrs. Gott – Teacher*

Something Only We Have

Don't you worry my Sweetie Pie
We've got something others don't.
We can tell each other secrets,
We can laugh and cuddle.
We can jump in a pile of leaves,
And laugh the whole way through.
We can stare in the moonlight,
And twinkle with the stars.
Others may stare,
But we can just shout out our love to the sky.
For we have something others don't.

Claudia Hollenbeck

*South Junior High School
Mr. Bevis – Teacher*

You and Me

You and me are something magical.
We click, we sparkle, we shine.
Don't know how to explain it, but it is something very special.
Something that you and I share, like our like and dislikes,
And our own special kind of love.
That is what real love is to me.

Gabriella

*Idaho City Middle School
Ms. Davis – Teacher*

Bullying

Into that school I go
Not knowing anyone would notice me
Can't you see we are all the same in different ways?
The way they look at me
Makes me scared inside
Nobody needs bullies these days
Especially all day long
Nobody should be bullied, that's wrong
Instead, bring them up and make them strong

Chris Hugon

*West Junior High School
Mrs. Wilson – Teacher*

Healthy Relationship Writing

A healthy relationship is kind.
They have the other person in mind.

A healthy relationship is fair.
Both sides show they care.

A healthy relationship has trust.
It's like fine gold that won't rust.

A healthy relationship has bounds.
They know their grounds.

A healthy relationship should feel good.
You feel understood.

And a healthy relationship should feel.
Well, like you just got the perfect deal.

Kimberly Hunter

*Jefferson Middle School
Ms. Crowe – Teacher*

Detachment

Happiness, a feeling that makes me glow.
But with you, I don't feel it or see it.
When you're gone, I'll glow as bright as the sun.

Respect, everyone deserves it.
You say that you can't control your temper, and that
it's my fault.
It never was, and it never will be.

Love, something everyone should get.
Something I never feel when I'm with you.
Love, something you will never get from me.

Medina Husakovic

*O'Leary Middle School
Mrs. Smith – Teacher*

Healthy Relationships

Healthy relationships require
Acceptance. Loving a person for
Who they are and not wanting them
To change. Trust. Treating others properly and
How you would want to be treated. Finally, Love.
Caring for someone unconditionally that no one can destroy.

DeAndre Jones

*South Junior High School
Ms. Stricker – Teacher*

What is Love?

Love.
Such a simple word.

Four letters.
A hundred meanings.

Never the same definition
Twice.

Everyone has their own.
They are all similar.

Trust
Honest

Friendship
Communication

They are all used
To define love.

My definition
Is simple.

It's the smile
When I think of him.

The sound of his laughter,
Breaking the silence.

The way I can trust him
No matter what.

That's my definition of love.
What's yours?

Hailey Jorgensen

*South Junior High School
Mr. Ward – Teacher*

My love for you

Whenever I see you my heart skips a beat

When you want me off the computer

I press control alt delete

When you're sad I make you feel better

There might be another girl

But I haven't met her

You may fall off my skateboard

But I'll catch you

There's another girl

I don't know who

You say you're not beautiful

It's driving me insane

I hope you don't lead me to heart break lane

Shaun Kanirie

McCain Middle School

Ms. Jones – Teacher

Young Love, New Love

I'll always cherish the memories

Grape snow-cones, icy and sweet

Trees and arches wrapped in lights

Skipping though the snow, slipping on ice

I'll always remember

New love

Movies in the dark

In the desert, my dress caked in dirt

Hearing your heartbeat

I love them both

Ashley Korn

West Junior High School

Mrs. Workman – Teacher

Melody of Love

Your words
curling around me,
flushing warmth through my blood
music to my ears

Your laughter
sneaking up behind me
and tickling my nose
an orchestra of sounds

Your smile
softly blowing the embers
of my love
into a raging fire
a soloist loud and strong

You and me
made up of a thousand notes
all in tune
a perfect duet

Grace Lane

*North Junior High School
Mrs. Borgna – Teacher*

Feel In Love

Love is only a feeling,
But is it?

Love should bring colors to life,
Like a peaceful flowing stream.

No harmless of words, feeling, or contact,
But the consulting of someone there.

To bring down the sky from you,
Believe in you with everything they have.

Feel like they're a good friend,
But there also in a different way.

Support should not be an option,
But something guaranteed.

Love, what a great word.

Joselyn Lane

*South Junior High School
Mr. Ward – Teacher*

You're Real, You're My Best Friend

You're my best friend.
You know me like the back of your hand.
You laugh at my unfunny jokes,
And act weird, like me.
At times I think this could be a dream.
A dream I never want to wake up from
But no,
You're real; you're my best friend.
We know each other like no one else.
I want to know you forever.
You're real; you're my best friend.
I love you.

Sydnee Leinonen

*Vallivue Middle School
Mrs. Post – Teacher*

YOU...

YOU said you wouldn't let anyone hurt me
So why do you do it?
YOU said you wouldn't let anyone shout at me
So why do you do it?
YOU said you wouldn't let anyone take over my life
So why do you do it?
YOU said I would never get away
BUT I DID!

Cyndia Leon

*Murtaugh Middle School
Mrs. Pfeifer – Teacher*

The Tides of Time

They day comes and goes
As the tide on the sparkling beach.
When the tide rises, it embraces the salty beach
When it recedes, it leaves the gift of shells.

Friends can enjoy the breathtaking sunrise over the sea
Or just watch the stars reflect their soft light on the ocean
More than friends, or just friends, it doesn't matter – all share beauty.
Just as a symphony's song, love fades and grows.

Ian Lockhart

*South Junior High School
Mrs. McNeel – Teacher*

If luck is a raindrop I'd send
you a shower. If hope
is a minute, I'd send you an hour.
If happiness is a leaf, I'd give
you a tree; and if you need
a friend, you'd always have
me.

Yesenia Jacobi Lopez

*Vallivue Middle School
Mrs. Hatch – Teacher*

Love is About

Love is a powerful word,
Not just
I like you, you like me.
It's about
Honor, respect,
Not fighting all the time.
It's about
Talking together
About anything.
It's not about
Someone who gets you into drugs
It's about someone who will
Get you out of that situation,
And most importantly,
Love you.

Kyle Lovelace

*St. Paul's Catholic School
Mrs. Ahlborn – Teacher*

Loving Your Life

Love what's real in life,
That way we can truly learn,
What love really is.

Anson Lunstrum

*St. Paul's Catholic School
Mrs. Ahlborn – Teacher*

Family

The people who will show they care
And will always be there
Help you through the good times
And the bad times too
They'll accept your personality
And help you figure out who you are
They make you feel confident
And support your ideas
The ones who respect you
And count on you
And all they want in return is the same
This is who your true family is.

Jahnesta MacConkey
South Junior High School
Ms. Strickler – Teacher

I Thought...

I thought you'd be there for me,
Turns out that you're not trustworthy.
I thought you'd help me up when I was down,
But I guess it's the other way around.

I thought you would let me be free,
But you wouldn't go away from me.
I think we should just be friends,
But you won't let our friendship end.

Please let me be, maybe you won't.
I think it's time to tell an adult.

Charlotte McCanna
Riverglen Junior High School
Mrs. Day – Teacher

A Glass House

We are a glass house filled with innocence.

Two hearts beating a flowing rhythm,
With no abuse, no violence to her nor him.

Two souls singing a single harmony,
With respect to each other's boundaries.

Trusting my truths, guarded by honesty,
A freedom to express, a gift
To open comfortably.

No controls, no stress.

Simply loving, just caring, and us.
We are a glass house filled with innocence.

Triston McCleskey

Fairmont Junior High School

A Dose of Friendship

Laughter frolics in the air
And I don't care who hears it

All I know is that you're by my side
Through thick and thin
There 'til the end

When I'm with you, I'm me,
And when I'm me, I'm happy

I don't expect Life to be a fairytale
But with you, it's never heads or tails
Only the truth and honesty

Truth and you and me

Olivia McMurrin

*Fairmont Junior High School
Mrs. Phillips – Teacher*

What You Did to Me

What did you do to me?
What you did,
To bring me closer.
What you did,
To support me.
What you did,
To make me stronger.
But what did you do for it?
You did it,
Because we love each other.
You did it,
Because you couldn't bear to see me in pain.
What did you do?
You helped me be,
ME

Ethan Melby

*Fairmont Junior High School
Mrs. Morgan – Teacher*

I Love You

The sound of your voice in my ear
So soft, sweet, and clear
The kiss from your lips words can't explain
It takes away my worries and pain
The cares of your hand sends shivers down my spine
Every day I thank God that you are mine

Riley Melugin

*Murtaugh Middle School
Mrs. Pfeifer – Teacher*

Relationships

Relationships are
Really awesome
When two people
Are together
And they love each other
A lot
Like a proton
And a neutron
Held together
By a strong force
They stay close
In the nucleus
No matter what
Unless the atom decays
And they break up
One repelled in an alpha particle
Flying away
Uranium into thorium

Matt Mitchell

*Riverglen Junior High School
Ms. Griggs – Teacher*

Perfect Two

You can be
The hero to my sidekick
You can be
The apple to my pie
You can be
The Ying to my Yang
You can be
The prince and I can be your princess
You can be
The butterflies in my belly
You can be
The staple to my paper
You can be
The stitches to my wound
You put us together
And we are the perfect two

Rena Montesano

*West Junior High School
Mrs. Workman – Teacher*

What Love is like

People holding hands, kissing,
Hugging, people saying I love you, or asking
How have you been?
It's people taking care of you.

Cory Morgan

Notus Jr. - Sr. High

Mrs. Vilord – Teacher

Love is Love

Love is love and should not be tarnished
By mistrust and disloyalty.
Love is love and should be dismayed
By unfairness and dishonesty.

Love is love and should consist
Of support and equality.

Sam Morgan

Vallivue Middle School

Mrs. Post – Teacher

Respect Love

Respect my wishes,
And I will yours,
Keep me healthy,
And I will do the same.
Feel my emotions,
I've felt yours,
Trust me,
I can already say I do,
Keep me safe,
I try my best,
Let's be happy,
Because we belong,
Love me,
I've always loved you.

Jessica Moser

*Weiser Middle School
Mrs. Mowrey – Teacher*

My Wish List

You said you'd
Catch me when I'm falling
Hold me when I'm bawling
Bear me when I'm speaking
Be honest...but your cheating.

I wish we had more trust
In a relationship, that's a must.
We obviously don't
So love you?
Ha...I won't!

Rachel Murray

*West Junior High School
Mrs. Workman – Teacher*

Friends and Frosted Cupcakes

Okay friends have kindness in their hearts

Good friends have caring in their hearts

Great friends have love in their hearts

My friends have frosted cupcakes on their minds

We need cupcakes with sweet friends like mine?

Carolyn Murrey

West Junior High School

Mrs. Wilson – Teacher

I needed your help,
So you came right along
Singing me that beautiful friendship song.

You were always there
Like a cuddly teddy bear.

I could count on you
Through thick and thin,
You will always be my friend from within.

From the beginning I knew,
I could always count on you.

Maryah Narte

Vallivue Middle School

Mrs. Post – Teacher

Real

Real is being yourself

Real is standing up for what you think is right

Real is never backing down when something is difficult

Real is having friends, but not letting them control your life

Real is being proud of who you are and where you come from

Real is all the these things

Always be

Real

Kimber Nelson

West Junior High School

Mrs. Wilson – Teacher

Even though I'm shy, it doesn't mean I have nothing to say.

Even though I smile, it doesn't mean I'm having a good day.

Even though I say I can't, it doesn't mean I won't.

Even though you don't like me, it doesn't mean I don't.

I am perfect the way I am, no matter what you see,

And when you tell me that I can't, I'll turn around and say

"Watch me."

Aubrey Newman

Riverglen Junior High School

Ms. Griggs – Teacher

Love what's real.
Reject what's fake.
Fight the hurt.
Not with fists but with words.
Stop the pain.
And just leave the hate.

TJ Newman

*South Junior High School
Mr. Bevis – Teacher*

Love Again

I see a rainbow arching
Across the deep blue sky
After a thunderstorm
As I marvel in its beauty
I am reminded
That sunlight will always break through the clouds
That life will move on
With or without me
And I decide
To live again
To love again
To laugh again
I decide
To come out of this shell
Once and for all

Rachel Orenstein

*Riverglen Junior High School
Ms. Griggs – Teacher*

It's like....

A healthy teen Relationship looks like two people enjoying life together in positive ways almost in a rainbow of colors.

It feels like those things that you want but can only wish for.

It's like hearing birds singing a sweet tune or squirrels running around a tree playfully.

A relationship is what you want it to be, a healthy relationship is what you both want, after all it's called a relationship for a reason.

Thomas Overlie

South Junior High School

Mrs. Olley – Teacher

Family Love

Friends through everything no matter what

Adventurous times

Making something out of nothing

Involvement in each other's activities and supporting them

Laughing no matter how hard the times are

Years of joy and love

Meghan Parkinson

West Junior High School

Mrs. Wilson – Teacher

Rodeo

Tightening of ropes,
Jolts of pain.
Mud flying,
Never racking.
Bull thrashing,
Crowd cheering.
It's a rodeo,
And it's my thing.

Brandon Patrick

*Notus Jr. - Sr. High School
Mrs. Vilord – Teacher*

Love Isn't What You Think

Love isn't insulting me in front of my friends.
Love isn't threatening me if I leave you.
Love isn't stealing money from my parents for drugs.
Love isn't flirting with other people just to put me down.
Love isn't worrying if I'm popular just to put me down.
Love isn't obsessing over me and killing yourself if it doesn't work out.
So, do you love me or not?

Pablo Piedra

*West Junior High School
Mrs. Workman – Teacher*

Never Enough

Us against the world
Our future, we had no clue
I was your Yoko
You were my Lennon
I was your queen,
You said that from
Your own lips.
But you never gave me the respect, inspiration,
And most importantly safety.
Why?
I know your love for me was strong, but babe,
That's all I ever as for.
I loved you too, but love is a verb,
not an adjective.
But you'll never understand that.

Yvonne Reyes

*Fairmont Junior High School
Mrs. Phillips – Teacher*

Respect

He doesn't yell, he whispers,
he doesn't hi, he comforts,
he never touches, he never prods,
I never feel hurt or pressured,
I feel love,
he lets me make decisions,
he never tells me to change,
I love him,
when I'm sick he stays by my side,
he gives me soup and cards and teddy bears,
yet he never asks for anything in return,
he respects me,
and that is love.

Threnody Robeson

*Les Bois Junior High School
Mrs. Harvey – Teacher*

Till the End of Time

A good relationship has support, safety, and equality. It does not have lying, cheating, or violence. It does not matter the age, shape or size, because the real beauty is inside. If you have that beauty in you, your relationship is sure to have it too. A good partner however cares and loves their companion. A good partner is also a best friend who helps and supports you till the end of time, and beyond.

Karina Rodriquez
Vallivue Middle School
Mrs. Post – Teacher

Different Feelings

In school you make me laugh and smile
You say that you love me and trust me
We hold hands down the hallways while we smile at each other

But you treat me differently when we're not with each other
It's like you're trying to control me
I don't let you though, I say no to you
Even though I let you go, I feel better without you
I'm happy of who I am

Nayeli Rodriguez
Murtaugh Middle School
Mrs. Pfeifer – Teacher

I Thought He Loved Me

He wasn't worth the pain
He wasn't worth the suffering
He wasn't worth the achy feeling
But I thought he loved me.

He wasn't worth the depressing messages
He wasn't worth the sleepless nights
He wasn't worth the broken heart
But I thought he loved me.

He wasn't worth the fights with myself
He wasn't worth the loss of appetite
He wasn't worth the abuse
I am worth so much more!

Brittani Roe

*West Junior High School
Mrs. Workman – Teacher*

Love Guidelines

If you love me,
you'll listen to
me when I tell
you no

If you love me,
you wouldn't
pressure me into
anything I'm not
ready for

If you love me,
you'd accept me
for who I am

but that's only if you love me

Brittani Roe

*West Junior High School
Mrs. Workman – Teacher*

Trusting one another

Equality encourages a better relationship

Enjoying spending time together

Negotiation and compromise

Responsibility towards other avenue (grades, chores, family, etc.)

Exiting times together

Listen to each other

Attitude

Talking openly

Integrity

Opposite opinions and still honoring each other's values

Not spending every second together

Sharing decisions and respecting boundaries

Happiness

Involving parents' concerns

Persevering through disagreements

Noah Rohrdanz

Jefferson Middle School

Ms. Crowe – Teacher

Your Individuality

When I think of you, I like that

You are different,

You are unique,

You are not as you may seem,

You are as subtle as the warm summer's breath,

You are different,

You are unique,

Like a single snowflake dancing in the winter breeze,

You are different,

You are unique,

You are not as you may seem.

Alex Roman

Murtaugh Middle School

Mrs. Pfeifer – Teacher

Talking Is(n't)

Staring directly at the screen
Typing people you have never seen
Creating message to your friends
This is not talking.

Pressing numbers on the phone
Trying to choose the proper tone
Texting every friend a message
This is not talking.

Meeting people place to place
We are talking face to face
Discussing events and problems
This is talking.

Talking is actually seeing each other and not just our picture on Facebook.

Aaron Schiess

*West Junior High School
Mrs. Workman – Teacher*

When I'm Ready for You

Some people are pine trees
protected by sharp needles,
and never changing.

Others, maple,
turning colors
when in sight of their lovers.
They'll fall.
When they're ready for you.

I'm a leaf on a maple tree,
holding onto the safety of my branch.
I'll fall.
When I'm ready for you.

When I fall,
and take a chance on you,
I'll trust you to be my new safety,
my new branch,
When I'm ready for you.

Shayla Schoensee

*North Junior High School
Mrs. Borgna – Teacher*

I Wonder

When I see her
I wonder if she's sees me
When I look her way
When I look she turns away
I wonder.

I wonder if she pays
Attention to me
When I look into her eyes
I see a beautiful young girl so unloved.

Seeing her everyday
Makes my day crazy.
And every day I wonder how
I am supposed to tell her how
I feel
I wonder...

Jonathan Scott

*McCain Middle School
Ms. Jones – Teacher*

Best Friends

I listen to his stories, he listens to mine.

I never heard a lie escape his lips.

I love that he realizes I am who I am.

I see him everywhere.

I make mistakes and they are forgotten.

I let him be himself, and I am myself with him.

I appreciate his example, it helps me choose well.

We're best friends!

Jayden Shell

*Vallivue Middle School
Mrs. Post – Teacher*

Don't Say It

Don't say it
unless you mean it,
'cause everything
you say,
I believe it.

I trust you,
and love you.

You are the one
who respects me
for who I am.
You are so shy,
but so kind.

I believe everything you say.

So please don't say it
unless you mean it.

Mercedes Simonsen

*McCain Middle School
Mrs. Gott – Teacher*

Love Me for M

I may not be famous
I may not be a brunette
Love me for me,
I may not be a city person
I may not be a soda lover
Love me for me.
Even though I'm not those kinds of people,
Lots still love me for me.

Katelyn Skarpnes

*Vallivue Middle School
Mrs. Post – Teacher*

You Deserve Better

When I look into your eyes

I'm nothing but surprised

I know about your past

And how it didn't last

How you got hurt and used

I bet you're confused

You deserve better

If not always and forever

You said you didn't care

But you couldn't bare

You need time alone

And some time to think

I'm not going to push you

I just wanted you to know

I'll always be with you

Melissa Slabaugh

South Junior High School

Ms. Stickler – Teacher

Courage

Risking yourself to help others

Standing up to hurtful people

Always being yourself despite what others say

Always doing what you like

Bravery

Henry Steenkolk

West Junior High School

Mrs. Wilson – Teacher

Crazy Teen

We're young,
We don't know
What true love is.
So for now,
I'm just me
I'm not looking for the finest things,
So for now,
Let me be me,
Let me run around
Like a crazy teen,
But
Respect me.

Shayna Surber

*Buhl Middle School
Mrs. Parker – Teacher*

Who Cares?

Who cares if I'm different?
Who cares if I'm unique?
Who cares about the color I wear,
Or the color of my hair?
You are you
I am me
This world is different, can't you see
Who cares what I do
I am me, not you.
I'll say what I want to say,
I'm special in my own way.
I'll be who I want to be
And you will see,
I'm more than just me.
Who cares?

Fatima Tall

*Vallivue Middle School
Mrs. Tustin – Teacher*

Be Happy

Love is a gift,
Love is joy and happiness,
Be a good friend and
You will be loved in return.

Miguel Tapia

*Vallivue Middle School
Mrs. Gross – Teacher*

You Can't

You can't buy me love
Or my love
It's not for sale
Like some finch or dove

You can't sell me
I'm not a toy
I belong to no one
Especially a teenage boy

But you can hug me
And let me know you're there
And you can tell me
Now much you really care

You can show me
All you'd give
To stand beside me
And help me live

Sara Taylor

*Fairmont Junior High School
Mrs. Morgan – Teacher*

Heartlock

A hug on the sidewalk,
Pure and innocent as a soft white dove.
No storm clouds here.
This is what Love look like.
Warm sunlight on a chill autumn day;
Crisp and clear as fresh sheets;
Exhilarating as Christmas Eve.
This is what Love feels like.
Our ecstasy in music excites me;
Eyes closed, lips moving,
Your fingers dance across a keyboard.
I know, someday, you will be one.
But for now, this is real.

Nora Thornton

*South Junior High School
Mrs. Olley – Teacher*

Teen Love

Teen love is the sound of laughter at a party having fun together.
The silence of watching a movie and eating popcorn together. The
feeling of warmth, holding hands, walking the park. The feeling of
heart caring for each other in dark times. A sight of beauty that will
bring light to anyone's heart.

Manuel Torres

*South Junior High School
Mrs. Olley – Teacher*

Healthy Teen Relationship

A healthy teen relationship looks like hugging, holding hands, and communicating.

A healthy teen relationship sounds like talking and laughing.

A healthy teen relationship feels like warmth, love, happiness, and humor.

Tannim Torres

South Junior High School

Ms. Strickler – Teacher

Love What's Real

A healthy relationship has many components and I will highlight the main ones.

First off, relationships need respect because without it, a relationship will crumble.

Secondly, relationships need support. It is healthy for friends to support each other to keep their self-esteem high. Last, but not least, all relationships need honesty and trust.

Being honest builds trust, but when the trust is broken, a relationship is destroyed.

Jess Totorica

Riverglenn Junior High School

Ms. Griggs – Teacher

Origami

Love is like origami, if you screw up, you have to start all over.
You have to be careful when folding and try to make it perfect.
The more practice you have, the better.
In origami, you can make a crane and cranes fly,
Love is said to soar above the lovely heavens.
In origami, you can make a paper star,
Love is also said to live beyond the shiny stars in the sky.

Titan Tyler

*Idaho City Middle School
Ms. Davis – Teacher*

Teenage Choices

If I choose to take a chance with you,
Will you respect me?
Will you accept me for who I am?
Keep me safe from any harm?
Will you make me feel secure
And comfortable?
If you do anything to harm me
Or disrespect me,
Then it isn't worth it.
I need to know.
So, answer me this,
If I choose to take a chance with you,
Can I trust you?

Alondra Vargas

*Vallivue Middle School
Mrs. Post – Teacher*

She Loves Me

She loves me
She helps me
She is kind to me
She is my best friend
I always ask her opinion
We do everything together
She laughs with me
She cries with me
I tell her everything
She doesn't judge
She has to leave something
If makes me sad, but proud
She provides
She respects
She is honest,
But most of all,
She loves me
Thanks, Mom

Lauren VerHagen

*Vallivue Middle School
Mrs. Post – Teacher*

Do You Really Love Me?

If you really love me, you wouldn't change the way
I look or the way I act.
You would want my original personality,
not what you think a perfect girl should be.
I wouldn't want to change you,
so why should you be able to change me?
I want you the way you are,
so you should want me
the way I am.

Desiree Waggoner

*St. Paul's Catholic School
Mrs. Ahlborn – Teacher*

FRIENDSHIP: LOST AND FOUND

The new girl seemed nice at first
Laughter and cheerful
Gossip flew as we walked home from school
Then she got too cool for me and
Finally stopped talking to me at all—
So now I walk home with someone else.

Heidi Waterman

*West Junior High School
Mrs. Wilson – Teacher*

ICING ON THE CAKE

Bright smiles cheer up my day
Kind words ease the bruises of life
A secret shared gives life to a listless moment
Their good examples motivate me to do better
My friends bring out the best in me.

Heidi Waterman

*West Junior High School
Mrs. Wilson – Teacher*

Beautiful Me

Let them guide you,
Let them support you,
But don't let them make you

Experience life as your own self
For they will respect your abilities to create extraordinary dreams

Build yourself up to become a role model
Don't allow the 'paparazzi' to invent you

Let them see you behind the scenes
No makeup, no primer
Be the leader that involves beauty from the inside out
But only in that exact order

Alexis Wilson

*Riverglen Junior High School
Mrs. Day – Teacher*

Go Step by Step

Go
Step
By Step
Take a little
Strides in what
You are aiming for.
Be sure not to take advantage
Of the relationships in your grasp
Because you can screw it all up with one mistake
And fall down the same steps you have been climbing.
Be respectful; learn to be fair and equal, honest and trustworthy.
Don't tear your partner up by being abusive, ruining all you have been working for.

Rachel Wood

*Vallivue Middle School
Mrs. Post – Teacher*

The Solar System

In my world, love is the solar system
Acceptance is the sun that warms me
Individuality is the moon that keeps my sky bright in the dark
Support is the clouds that catch me when I fall and
Respect is the sky that holds everything together
If you're love is not a solar system, you're "love" isn't love at all.

Adeline Zamzow

*Vallivue Middle School
Mrs. Post – Teacher*

Chances

If I take a chance,
Can I trust you?
Will you accept me,
Support me, and not change me.
I wouldn't change you.
Like the sun in the morning,
Would you be there, I would.

August Zamzow

*Vallivue Middle School
Mrs. Post – Teacher*

Buhl Middle School

Joel Ackerman –
– *Honorable Mention*
Ethan Gerdes – *3rd Place (tie)*
Shayna Surber

Compass Charter School

Celisa Fullmer – *Honorable Mention*

Fairmont Junior High School

Justin Behrens
Morgan Byand
Brooklyn Grange
Triston McCleskey
Olivia McMurran
Ethan Melby
Yvonne Reyes
Sara Taylor

Hillside Junior High

Linnea Boice – *3rd Place (tie)*

Idaho City Middle School

Gabriella Howard
Titan Tyler

Jefferson Middle School

Freddy Anzaldúa
Kimberly Hunter
Noah Rohrdanz

Les Bois Junior High School

Krista Anderson
– *Honorable Mention*
Kay Hadrick
Chris Haney– *Honorable*
Mention
Threnody Robeson

Lewis and Clark Middle School

Kyle Asdell

McCain Middle School

Nash Galemore
Isaiah Grigg
Chelsea Gross
Mackenzie Henderson
Shaun Kanirie
Jonathan Scott
Mercedes Simonsen

Murtaugh Middle School

Kodi Barry – *Honorable Mention*
Cyndia Leon
Riley Melugin
Nayeli Rodriguez
Alex Roman

North Junior High School

Ivy Black – *Honorable Mention*
Mia Chai – *Honorable Mention*
Sydney Jones – *2nd Place (tie)*
Grace Lane
Shayla Schoensee
Issi Tang – *Honorable Mention*

Notus Jr. - Sr. High School

Isaac Brown
Allison Clark
Cory Morgan
Brandon Patrick

O'Leary Middle School

Medina Husakovic

Payette Lakes Middle School

Willow Cogan

Riverglen Junior High School

Kirsi Casper
Aubrey Newman
Malori Basye
Brenna Garro
Charlotte McCanna
Matt Mitchell
Rachel Orenstein
Jess Totorica
Alexis Wilson

South Junior High School

Morgan Anderson
Nikita Lee Bennett
– *Honorable Mention*
Gabriela Canales
Sabrina Castleberry
Sara Christianson – *3rd Place (tie)*
Avalon Crossley
Erica Delfino
Aubrey Droulard
Robbie Farmer
Kayla Gannon
Mireyah Gomez
Tanner Graban – *Honorable Mention*
Maddy Head
Claudia Hollenbeck
DeAndre Jones
Hailey Jorgensen
Jocelyn Lane
Ian Lockhart
Jahnesta MacConkey
TJ Newman
Thomas Reed Overlie
Melissa Slabaugh
Nora Thornton
Manuel Torres
Tannim Torres

St. Paul's Catholic School

Kyle Lovelace
Anson Lunstrum
Desiree Waggoner

Vallivue Middle School

Alexi Byrnes
Shania Hall
Sydnee Leinonen
Yesenia Lopez
Sam Morgan
Maryah Narte
Karina Rodriguez
Jayden Shell
Katelyn Skarpnes
Fatima Tall
Miguel Tapia
Alondra Vargas
Lauren Verhagen
Rachel Wood
Adeline Zamzow
August Zamzow
Weiser Middle School
Jessica Moser

West Junior High School

Jenny Aquino
Carolyn Arnold

Davis Benson
Michal Bilger
Jenna Bishop
Phillip Cathers
Miguel Cervantes
Chris Hugon
Ashley Korn
Emily Luker – *1st Place, 2nd
Place (tie) & Honorable Mention*
Rena Montesano
Brianne Moodie
– *Honorable Mention*
Rachel Murray
Carolyn Murrey
Kimber Nelson
Meghan Parkinson
Pablo Piedra
Jordan Richesin
– *Honorable Mention*
Brittani Roe
Aaron Scheiss
Henry Steenkolk
Cody Swinnerton
– *Honorable Mention*
Heidi Waterman

Idaho Coalition Against Sexual & Domestic Violence

Idaho Department of Education

St. Luke's Children's Hospital

American Academy of Pediatrics – Idaho Chapter

Boys & Girls Clubs of Ada County

Boys & Girls Club of Nampa

Central District Health Department

Idaho Department of Health & Welfare

Men Today/Men Tomorrow

Silver Sage Girl Scout Council

Treasure Valley Family YMCA

Nampa Family Justice Center

Idaho Legal Aid Services

FACES

Support for this project was provided by a grant from
Start Strong: Building Healthy Teen Relationships,
a national program of the Robert Wood Johnson Foundation.

For more information contact the Idaho Coalition Against Sexual
& Domestic Violence 208-384-0419 or 1-888-293-6118